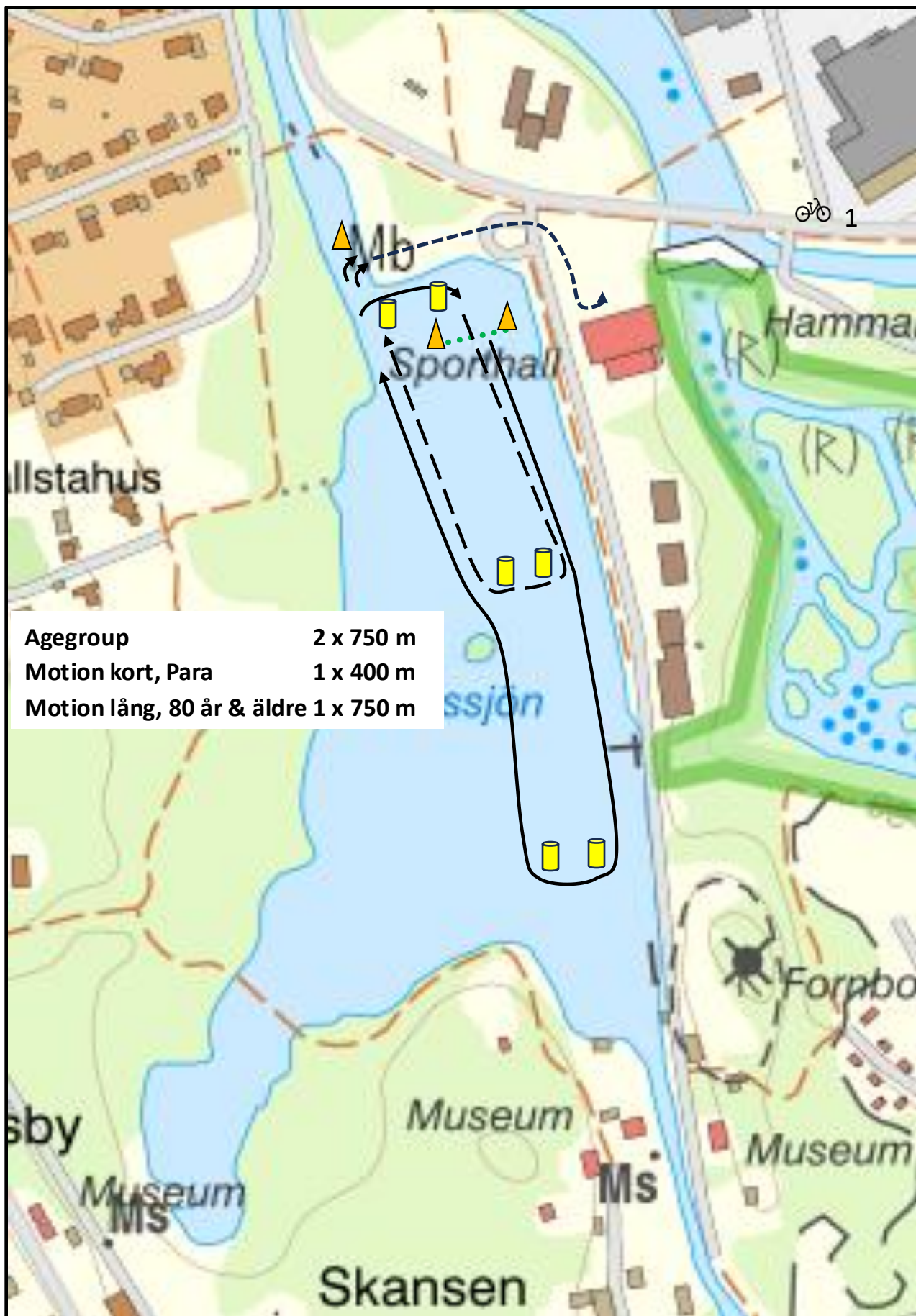
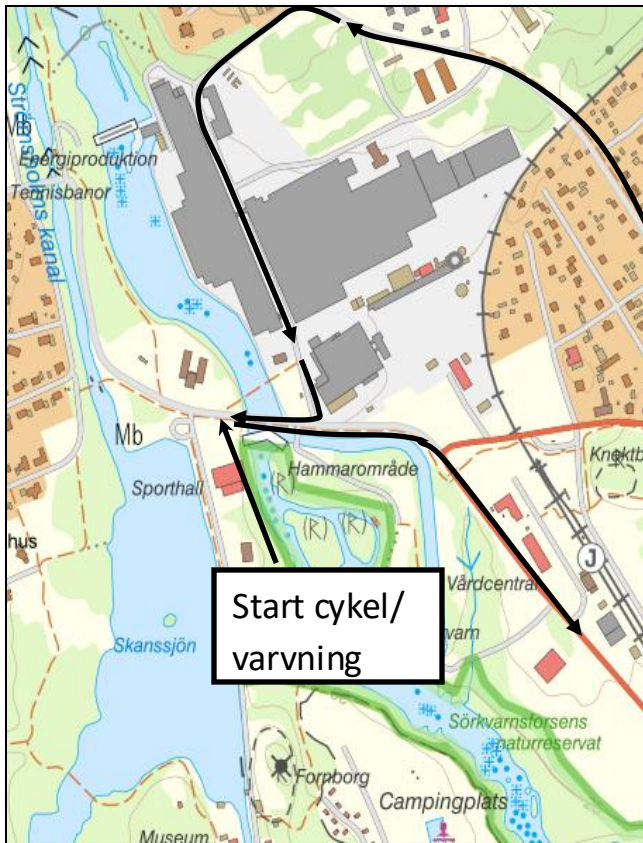


SIMNING

Age-group, Para, Motion

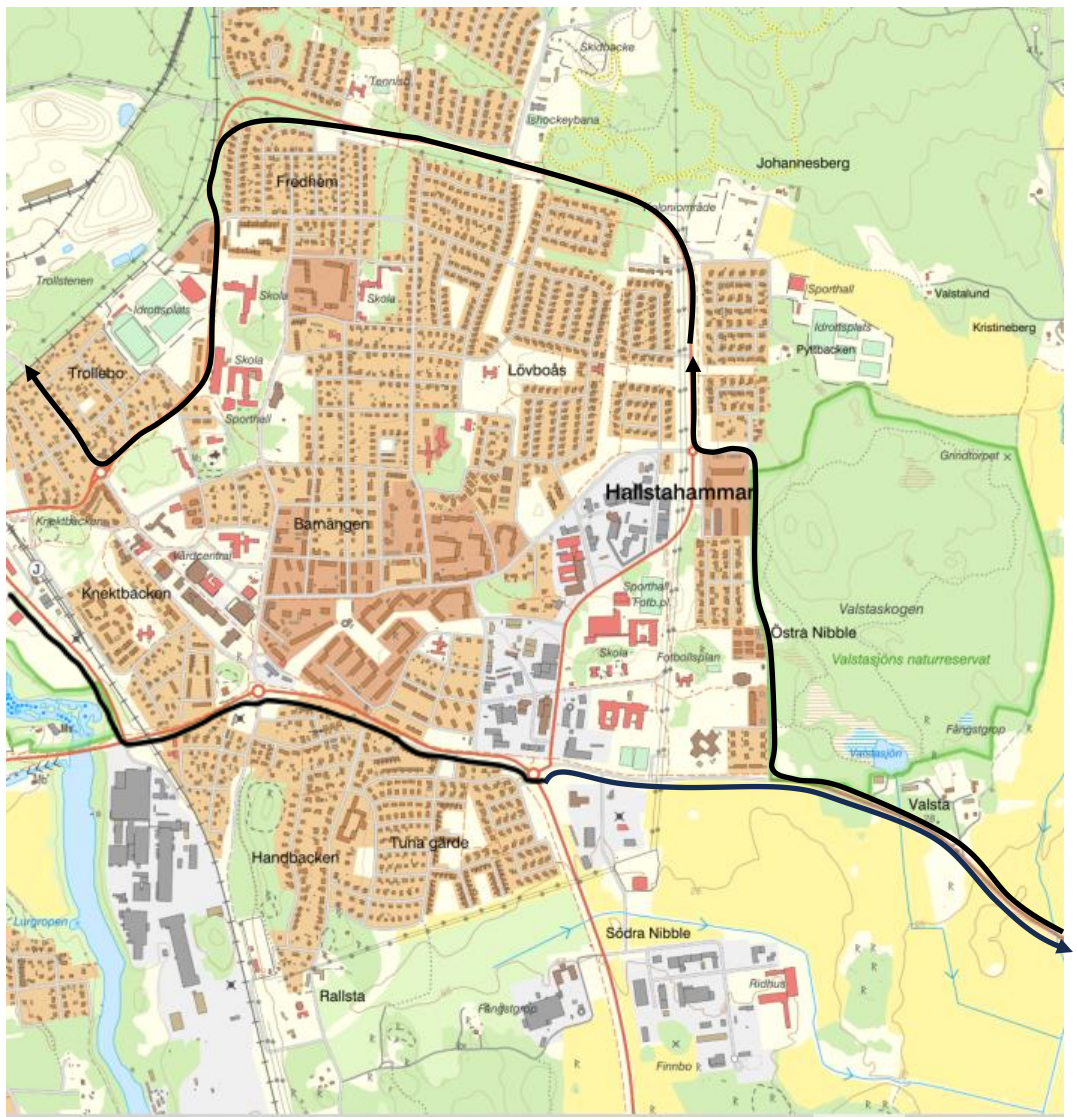




Cykel

Kl 09:30 – 12:00

Age-group	2 x 20 km
Age-group 80 år & äldre	1 x 20 km
Motion lång	2 x 20 km
Kort motion, Para	1 x 20 km



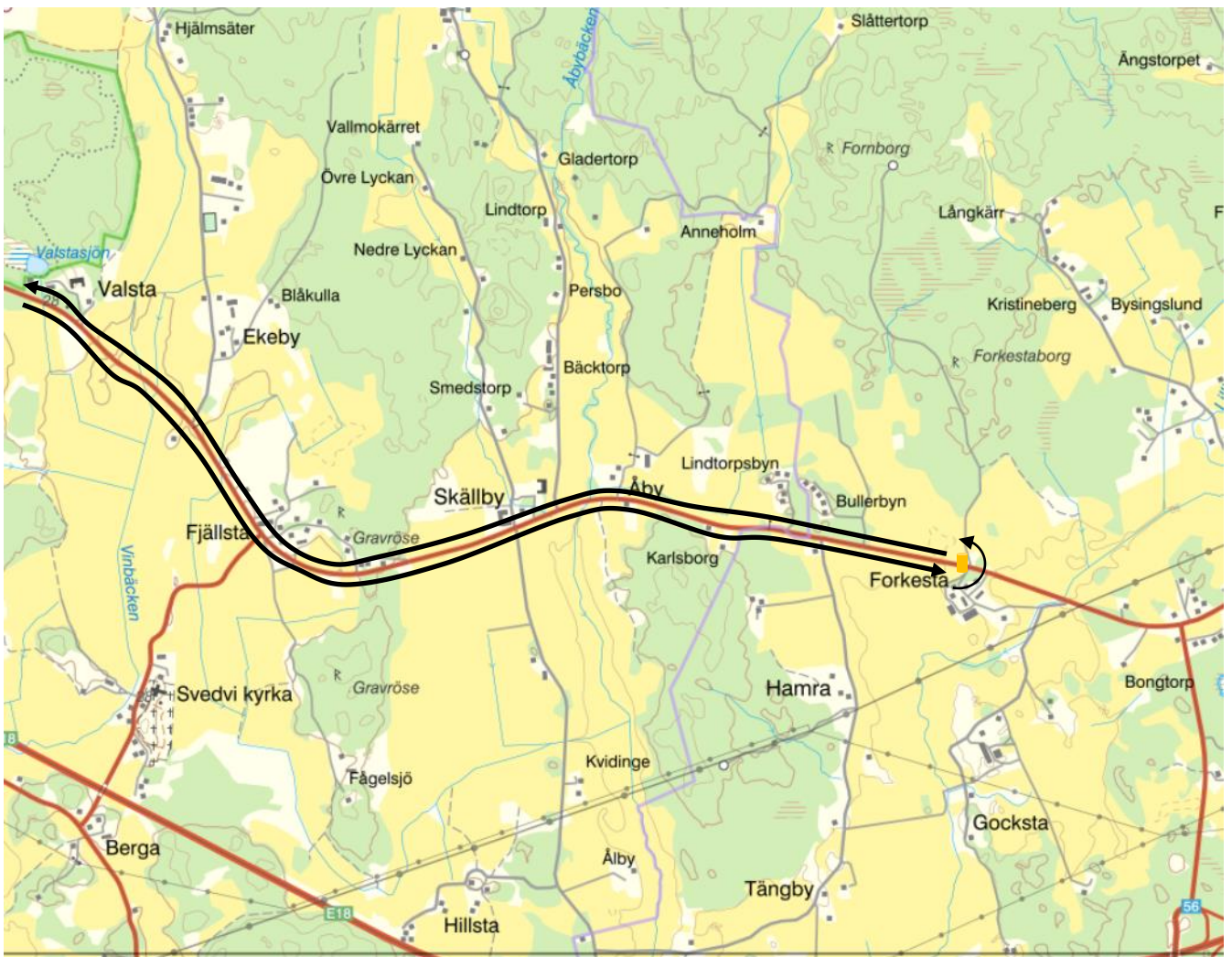
Cykel

Age-group 2 x 20 km

Age-group 80 år & äldre 1 x 20 km

Motion lång 2 x 20 km

Kort motion/Para 1 x 20 km



Löpning

Age-group	2 x 5 km
Age-group 80 år & äldre	1 x 5 km
Motion lång	2 x 5 km
Kort motion/Para	1 x 5 km

